

grain & grill

STARTERS

Soup of the Day €5.00

Served with homemade Guinness bread
Contains allergens: 6 (wheat, barley), 7, 8, 9 & 12

Irish Potato Cake €8.50

Clare Island smoked salmon, horseradish crème fraiche and crisp fried capers
Contains allergens: 6 (wheat), 7 & 9

Crispy Chicken Wings €6.50

Spicy chicken wings with blue cheese dip & salad
Contains allergens: 6 (wheat), 7, 8, 11, 12 & 13

Caesar Salad €5.00

Cos lettuce with bacon, Parmesan, croutons and Caesar dressing

Add Chicken €3.00

Contains allergens: 6 (wheat), 7, 8, 9 & 11

MAINS

Traditional Fish & Chips €15.00

Irish haddock fillet in crisp hop house 13 beer batter, gribiche sauce, caramelised lemon and twice cooked chunky chips
Contains allergens: 3 (cod), 6 (wheat), 7, 8 & 9

Certified Irish Angus Beef Burger €16.00

Grilled certified Angus burger, served in a brioche bun with crisp lettuce, beef tomatoes, mayonnaise and red cheddar cheese, served with twice cooked chunky chips and tomato relish
Contains allergens: 6 (wheat), 7, 8, 9 & 13

10oz 30 Day Dry-aged Striploin Steak €25.00

Cooked to your liking, green peppercorn and whiskey sauce, baby potatoes & golden fried onion rings
Contains allergens: 6 (wheat), 7, 8 & 9

Veg Tikka Masala €12.50

Vegetables marinated in tikka masala paste with natural homemade yoghurt, mango chutney, homemade raita, served with basmati rice and poppadoms

Add Marinated Chicken €3.00

Contains allergens: 4 (peanuts), 7, 8, 9, 12 & 13

Glyn Valley Irish PIRI PIRI Chicken €21.00
Marinated half chicken, chargrilled with sweet potato wedges,
tomato salsa and crème fraiche
Contains allergens: 7 (crème), 9, 12 & 13

Oven Roasted Irish Cod €21.00
“Potato scales” hollandaise and tomato confit sauce,
buttered fondant and green beans
Contains allergens: 3 (cod), 7, 9 & 11

DESSERTS

Irish Sea Salted Caramel and Chocolate Tart €6.50
Served with chocolate quenelle
Contains allergens: 5 (nut traces), 6 (wheat), 7, 8, 9, 11 & 14

Season Fruit Crumble €6.50
Crème Anglaise and fresh cream
Contains allergens: 5 (nut traces), 6 (wheat), 7, 8, 9, 11 & 14

Winter Berry Cheesecake €6.50
Berry texture, raspberry quenelle
Contains allergens: 5 (nut traces), 6 (wheat), 7, 8, 9, 11 & 14

Selection of Ice-cream €5.50
Vanilla, strawberry & chocolate ice cream served with whipped cream
Contains allergens: 7

DRINKS

A full range of beverages, alcoholic, soft drinks, teas and coffees are available. Please ask your server.

ALLERGEN INDEX

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|----------------|---------------------------------|--------------------|-----------------------|
| 1. Crustaceans | 5. Nuts | 8. Soya | 12. Celery & celeriac |
| 2. Molluscs | 6. Cereals containing
gluten | 9. Sulphur dioxide | 13. Mustard |
| 3. Fish | 7. Milk/milk products | 10. Sesame seeds | 14. Lupins |
| 4. Peanuts | | 11. Eggs | |