

APPETISERS

Soup of the day €6.95

Homemade soup with Murphy's stout & treacle soda bread

(Contains Allergens 6 flour, 7, 9, 12)

Prawn pil pil €11.95

Prawns shallow fried in garlic butter with red chillies & coriander served with toasted ciabatta

(Contains Allergens 1 prawn, 6 flour, 7, 11, 14)

Buffalo chicken wings €9.95

Hot Louisiana or BBQ Sauce or Korean sauce with Blue cheese dip & celery sticks

(Contains Allergens 6 flour, 7, 8, 12)

Crispy coated brie cubes €7.95

Cranberry chutney dressed baby leaf salad

(Contains Allergens 6 flour, 7, 8, 11, 13)

West Cork seafood chowder €10.50

Local seafood served with Murphy's stout & treacle soda bread

(Contains Allergens 1 prawns, 3 salmon, cod, 6 flour, 7, 12)

Panko crumbed calamari €9.95

Served with a fiery relish & a petit salad

(Contains Allergens 6, 7, 9, 13,)

Allergen Index:

1. Shell fish 2. Mollusc 3. Fish 4. Peanuts 5. Nuts 6. Cereal containing gluten 7. Milk/ Milk products 8. Soya 9. Sulphur dioxide 10. Sesame 11. Eggs 12. Celery 13. Mustard 14. Lupin. *All Beef is certified Irish & all chicken Bord Bia approved.

grain & grill

BAR & RESTAURANT

MAINS

6 hr braised feather blade of beef €22.50

6 hr slow roasted beef served with horseradish mash, buttered tender stem broccoli, sweet potato puree & a rosemary jus

(Contains Allergens 7,9,12,14)

Pan-fried Ballycotton hake €22.50

Chorizo, red pepper butter, sautéed baby spinach & crushed roast potato

(Contains Allergens 3 hake,7,8)

Reel fish & chips €19.95

Handsum Beer Battered fish of the day with mushy peas, tartare sauce, lemon confit & homemade chips

(Contains Allergens 3 haddock, 6 flour, 7,8,9, 11)

Thai red vegetable curry €16.95

Red onions, peppers, courgette served in a red curry sauce served with Basmati rice & a poppadom

(Contains Allergens 7,8,12,14)

Add Chicken

Add €2.00

Add Prawns (Allergens 1,2)

Add €4.00

Warm chicken & bacon salad €15.50

Served on a bed of mixed leaves with roasted baby potatoes, parmesan cheese & a Balsamic reduction

(Contains Allergens 9,12,14)

SIGNATURE BURGERS

Certified Irish angus steak burger €19.95

Brioche bap, lettuce, tomato, relish, mayo, cheddar cheese & homemade chips

(Contains Allergens 6 flour,7,8,11,13)

Korean fried chicken burger €18.95

With lettuce, kimchi coleslaw, miso mayo in a soft bap & skinny fries

(Contains Allergens 6 flour,7,8,11)

Vegan beetroot burger €17.95

Beetroot pattie, avocado, lettuce, tomato, pickle, vegan cheddar in a soft bun served with Ballymaloe & sweet potato fries

(Contains Allergens 6 flour,7,8,11)

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ITALIAN STONE PIZZA

Margherita €14.00

Tomato sauce, mozzarella, basil, & parmesan
(Contains Allergens 6 flour, 7)

Buffalo chicken €16.00

Spicy chicken, roast peppers, red onion,
tomato sauce, mozzarella
(Contains Allergens 6 flour, 7)

Diavola €16.00

Spicy pepperoni, tomato sauce, mozzarella & fresh chilli
(Contains Allergens 6 flour, 7)

SIDE DISHES

Homemade chips €4.00

(Contains Allergens, 8,9)

Deep fried garlic baby potatoes €4.00

(Contains Allergens 7)

Beer battered onion rings €4.00

(Contains Allergens 6 flour, 7, 11,)

Fresh garden salad €4.00

(Contains Allergens 11, 13)

Spanish fries - sharing portion €8.00

Served with cajun spice, olives, jalapenos & grated mozzarella
(Contains Allergens 7, 9, 12)

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grain & grill

BAR & RESTAURANT

SOMETHING SWEET

Warm apple & berry crumble €6.95

Served with anglaise sauce & vanilla bean ice-cream

(Contains Allergens 6 flour, 7,11)

Belgian chocolate caramel fondant €6.95

With a rich chocolate sauce & vanilla ice cream

(Contains Allergens 6 flour, 7,8,11, may contain nuts)

Homemade cheesecake of the day €6.95

Please ask your server

(Contains Allergens 6 flour, 7,11, may contain nuts)

Salted caramel & chocolate profiteroles €6.95

With a butterscotch sauce

(Contains Allergens 6 flour, 7,8,11, may contain nuts)

Eton mess €6.95

Served with meringue, seasonal berries & cream

(Contains Allergens 7,11)

Selection of Paganini ice-cream €6.95

Served with fruit coulis & a wafer basket

(Contains Allergens 6 flour, 7, 8, 11, may contain nuts)

Speciality Coffees

All of our speciality coffees are made with our own Red Bean Roastery coffees and topped with fresh cream

Irish Coffee €8.50

Jameson Irish Whiskey

(Contains Allergens 7)

Baileys Coffee €8.50

Baileys Irish Cream Liqueur

(Contains Allergens 7)

Calypso Coffee €8.50

Tia Maria

(Contains Allergens 7)

French Coffee €8.50

Hennessy Cognac

(Contains Allergens 7)

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